

Grading application 1st to 2nd Dan Black Belt

Date of Grading



Name

Instructor

Age

Height

 cm

Weight

 kg

Gender

 M / F

Please state any medical condition that could affect your performance

I hereby submit this application for grading and certify that I am fit to take part.

Signature

PARENT OR GUARDIAN IF UNDER 18

Free Sparring (including 2 against 1) demonstrating good effective defence strategies	
1 step sparring student own	
Line work (including kicks)	
Kwang - Gae	
Po - Eun	
Ge - Baek	
Examiners choice pattern X 2	
Breaking technique (hand or foot) student chooses technique, examiner chooses board	
Theory & Terminology 1__ 2__ 3__ 4__ 5__ ✓ (2 points each correct answer)	
Total	

Examiners comments - areas requiring attention are circled

Stances / focus / balance / correct striking tools / etiquette
Power / Theory / discipline / concentration / Technique